

## Following Directions

<b>Grade Level</b>	Fifth
<b>Minimum Time Required</b>	30 Minutes
<b>Materials/Resources</b>	Handouts, Pencils
<b>Subject Area(s)</b>	Guidance

### Project Description:

1. Discuss the following questions:
  - a) Did you follow all directions carefully in class today?
  - b) If the answer was “yes” to the above question, now ask, how did you benefit from carefully following directions?
  - c) Were any of your papers returned because you did not follow directions carefully?
  - d) Did you receive a poor grade today because you did not follow directions? How did you improve your grade?
  - e) How did you feel in each one of these situations? Which situation gave you the best feeling?
2. Discuss the introductory page from the handouts entitled, “Cupcakes.”
3. Try this exercise in following directions orally with your class. Give each a blank sheet of paper and have them do the following:
  - a) Put your heading on your paper.
  - b) Underline your first name in your heading.
  - c) Put two lines under your last name.
  - d) Number from 1-10 on your paper.
  - e) Put a capital I by number 1.
  - f) Skip number 2.
  - g) Put a capital A by number 3.
  - h) Put a capital M by number 4.
  - i) Skip number 5.
  - j) Put a capital G by number 6.
  - k) Put a capital R by number 7.
  - l) Put a capital E by number 8.
  - m) Put a capital A by number 9.
  - n) Put a capital T by number 10.
  - o) Put an exclamation mark by number 11.
4. Students will discover very quickly that they have written I AM GREAT!
5. Distribute the activity page, “Directions for Taking Medicine.” After the students have answered the five questions, discuss their answers.
6. Review the activity page, “I Can Follow Directions.” Give students a separate sheet of paper for this activity.
7. Review the activity page, “Did You Say Cold, Warm or Hot?” with the students. On a separate sheet of paper have them review the directions for washing items in a machine and answer the questions.

<b>Career Development Standard</b>	Awareness of the relationship between work and learning.
<b>Career Development Indicator</b>	Demonstrate effective study and information seeking habits.
<b>Delivery Level</b>	Review
<b>Academic Standards</b>	
<b>Language Arts</b>	3.1.b Describe various listening techniques which can be used in problem-solving and decision-making situations.
<b>Employability/SCANS Skills</b>	Basic Skills Thinking Skills Information
<b>Assessment/Rubric</b>	Students will be evaluated on their written assignments.

**Submitted by:** NCDG Elementary Group

# CUPCAKES

## FOLLOWING DIRECTIONS

Do you like cupcakes? If you do, you must be able to follow directions to make them. These simple directions are called recipes.

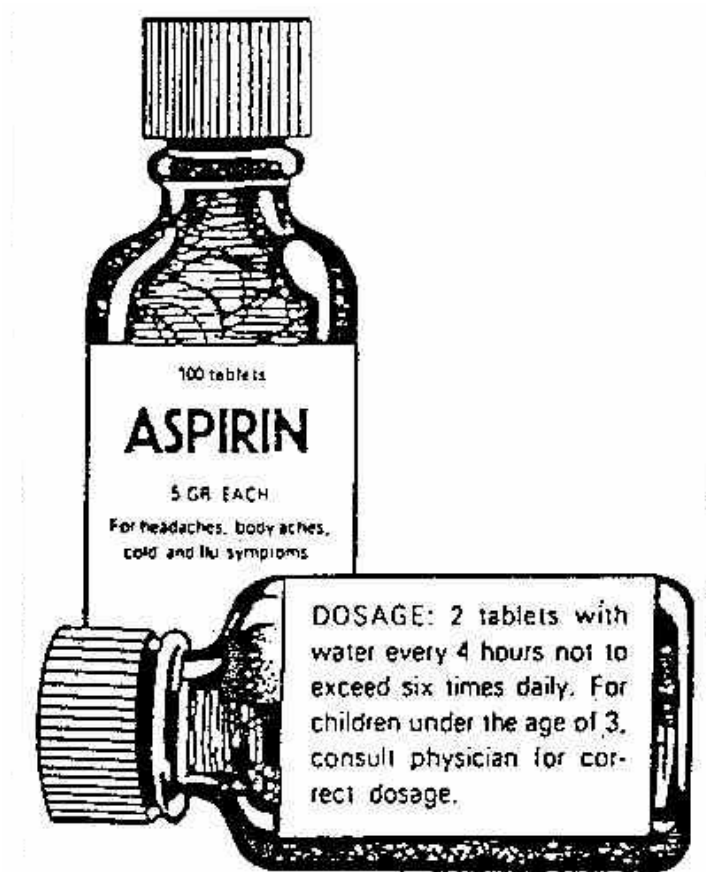
Being able to follow directions is one of the most important skills you can develop. Not only will this skill help you in school, it will also help you in your day to day activities at home. Certainly following a good recipe can result in some "mighty fine" eating.

There are many other examples of following directions that are important to us. Medicine can be dangerous if taken carelessly. Before using any medicine, read the label directions to find out how to get the most benefit from that medication.

Failure to read carefully or listen closely can cause many difficulties. Assignments may be returned because you did not follow directions. Poor grades are given and sometimes failures occur because you did not follow written or oral directions correctly. Failure to use products in your home as the directions suggest can do damage to you or your property.

Following directions carefully is a skill that is important to you wherever you are. Think about what you have just read and the very next time you have to follow directions, do so very carefully.





### **DIRECTIONS FOR TAKING MEDICINE**

Read the label above and answer the following questions:

One purpose of the medicine above is to give relief from? \_\_\_\_\_

How many aspirin can one safely take in 24 hours? \_\_\_\_\_

How much of this medicine should be given to a two-year old? \_\_\_\_\_

How many tablets are there in the bottle? \_\_\_\_\_

How many daily dosages are there in this bottle? \_\_\_\_\_

# I CAN FOLLOW DIRECTIONS

- A. Write down your house number.
- B. Double that number.
- C. Add five (5) to the total in the answer in "B."
- D. Multiply the answer in "C" by 50.
- E. Add your age to the answer in "D."
- F. Add 365 to the answer in "E."
- G. Subtract 615 from the total given in "F."

Your answer should consist of your house number and your age.

EXAMPLE:

I live A. 2523 Grandberry Street

$$\begin{array}{r} B. \quad +2523 \\ \hline 5046 \end{array}$$

$$\begin{array}{r} C. \quad +5 \\ \hline 5051 \end{array}$$

$$\begin{array}{r} D. \quad \times 50 \\ \hline 252550 \end{array}$$

I am E. +12 years old

$$\begin{array}{r} 252562 \\ F. \quad +365 \\ \hline 252927 \end{array}$$

$$\begin{array}{r} G. \quad -615 \\ \hline 252312 \end{array}$$

my  
address

my  
age



## Did You Say Cold Warm or Hot?

### \* INSTRUCTIONS FOR MACHINE AND HAND WASHING AND FOR IRONING

- A. MACHINE WASHING IS A PROCESS BY WHICH SOIL MAY BE REMOVED FROM CLOTHES WITH THE USE OF WATER, DETERGENT AND SOMETIMES BLEACH.
- B. CLOTHES THAT NEED TO BE WASHED IN WARM WATER USE A TEMPERATURE SETTING OF 90°F - 110°F.
- C. CLOTHES THAT NEED TO BE WASHED IN COLD WATER USE A TEMPERATURE SETTING OF NO MORE THAN 85°F.
- D. CLOTHES THAT NEED TO BE WASHED IN HOT WATER USE A TEMPERATURE SETTING OF 150°F.
- E. "WASHING WITH LIKE COLORS" MEANS PLACING ALL THE DARK COLORS TOGETHER TO BE WASHED (BLUE, RED, ETC.) AND ALL THE LIGHT COLORS TOGETHER.
- F. "WASH INSIDE OUT" MEANS TURNING THE CLOTHES INSIDE OUT TO PROTECT THE FABRIC IN THE WASHING MACHINE.
- G. WHEN YOU BEGIN TO IRON CLOTHING, USE THE HIGHEST TEMPERATURE SETTING ON THE IRON UNLESS THE DIRECTIONS ON THE CLOTHES SAY TO USE A LOWER SETTING.
- H. "IRON WRONG SIDE ONLY" MEANS TO TURN THE CLOTHING ITEM INSIDE OUT BEFORE IRONING.
- I. "IRON DAMP" MEANS TO MAKE THE CLOTHES DAMP TO THE TOUCH BEFORE IRONING.

From the directions above, answer the following questions on a separate sheet.

- 1 What does "washing with like colors" mean?
- 2 Why would you turn clothes inside out before washing them?
- 3 What does "iron damp" mean?
- 4 How would you know not to use the highest temperature setting on the iron?
- 5 What is the temperature setting difference for clothes that need to be washed in hot water and clothes that need to be washed in cold water?
- 6 What are the three items used in the washing process?
- 7 After you have ironed an item that says "iron wrong side only," what do you do?